

Constructing Career Path Workshop Outline By Marcel Jardeleza

Materials for Workshop:

- Laptops/Access to internet
- A copy of your resume.
- A copy of the resume of someone in your ideal job/ or bring the job description of your ideal job.
- Copies of "Idealizing Resumes Worksheet" and "Goal Evaluation Worksheet."

Workshop Review Comment Summary (5/6/19)

- ~~• Have ppl bring resumes/goals/job description examples~~
- ~~• Contact recent GDPE graduates for their CV~~
- ~~• Keep openness in mind for tips (ex. volunteering and branching out)~~
- ~~• Start activity w/career exploration~~
- ~~• Maybe give a pre assessment HW that allows for career path exploration~~
- ~~• Science magazine job exploration~~
- ~~• career center "HANDSHAKE" test~~
- End workshop with discussion on other job possibilities and opportunities
- *Fix Essential Questions:*
 - What do I wanna do?
 - How do I get there?
- *Fix assessment:*
 - Line up assessment evidence
 - make a little broader
 - too specific towards the tools, think of the larger open ended questions

Discussion Outlines:

What do you want to do?

- The most important and hardest part.
- Tips on how to figure out what you want to do. (*BE OPEN w/ Tips*)
 - What are your interests?
 - Look at your resume/class load and what have you spent the most time pursuing?
 - Volunteer
 - Try something completely different
- Group Discussion Point: How did grad students/faculty figure out what they wanted to do?

Why do you want to do that?

- This asks to evaluate our goals.
- It's also a very personal question that looks at our principles in life.
- Tips: (*Find OPEN Tips*)
- Group Discussion Point: To the Grad/Faculty what experiences or principles in your life has motivated you to pursue the career you are in today?

How do you achieve it?

- Planning is very important in accomplishing anything.
- Staying organized is key to balancing work and slowly chipping away at a big goal. (*BE OPEN tips*)
- Group Discussion Point: Faculty/Grad students how do you accomplish big goals or how did you slowly make your way onto the career you have now?

Activity: Idealizing Resumes and Goal Evaluation Worksheets

Idealizing Resumes Worksheet

- We will break up into groups (Mentor/Mentee) or groups of 2 or 3.
- Everyone will find a person online or contact someone in the position/career they'd like to have someday. (Faculty can also bring a copy of their current resume as an example in case students can't find a specific resume).
- Next, find that person's resume (or contact them and see if you can get a copy of their recent resume) and fill in the ideal resume portion.
- Once the ideal resume portion is filled in, fill in the other side with your qualifications.
- The purpose of this activity is to get a chance to visualize the steps needed to reach your dream career and figure out which goals/skills you still need to accomplish/develop.
Mentor: Guide mentee into finding resources online and filling up the worksheet.
Mentee: Bring a copy of your current resume and dream big for your ideal career.
Faculty: Bring a copy of your current resume, guide groups in looking up resources and share experiences.

Goal Evaluation Worksheet

- After completing the Idealizing Resumes Worksheet, we should all have a sense of the goals and skills we need to develop to reach our ideal job.
- Fill out the skill/goal portion of the Goal Evaluation Worksheet with skills/goals that seemed necessary to have to get your dream job.
- Next evaluate why that goal is important, try to be as specific as possible.
- On the last row, write a realistic plan on how you can achieve that skill/goal.
- The purpose of this activity is to learn how to be practical in making a goal and developing a plan to accomplish it.
Mentor: Guide the student in listing the goals/skills based on the resume comparison.
Mentee: Think critically of the specific skills/goals required to reach your goals.
Faculty: Help groups in developing practical plans to help with accomplishing goals.